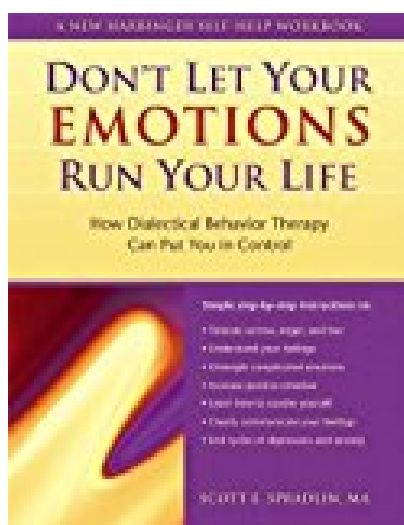


Dont Let Your Emotions Run Your Life How Dialectical Behavior Therapy Can Put You in Control New Harbinger Self-Help Workbook



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